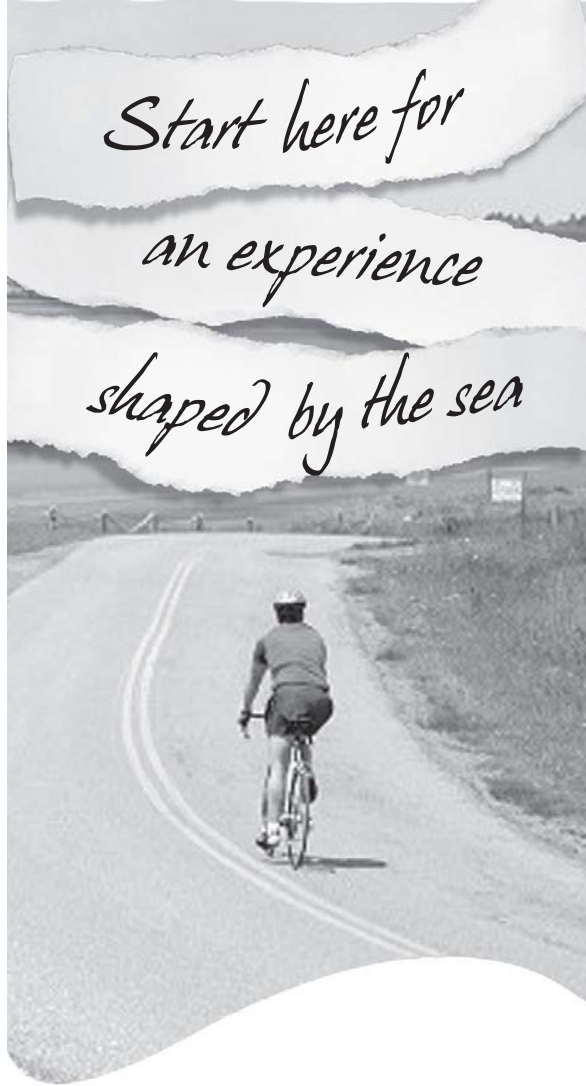
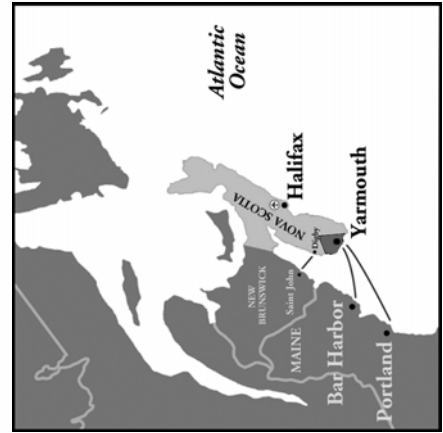
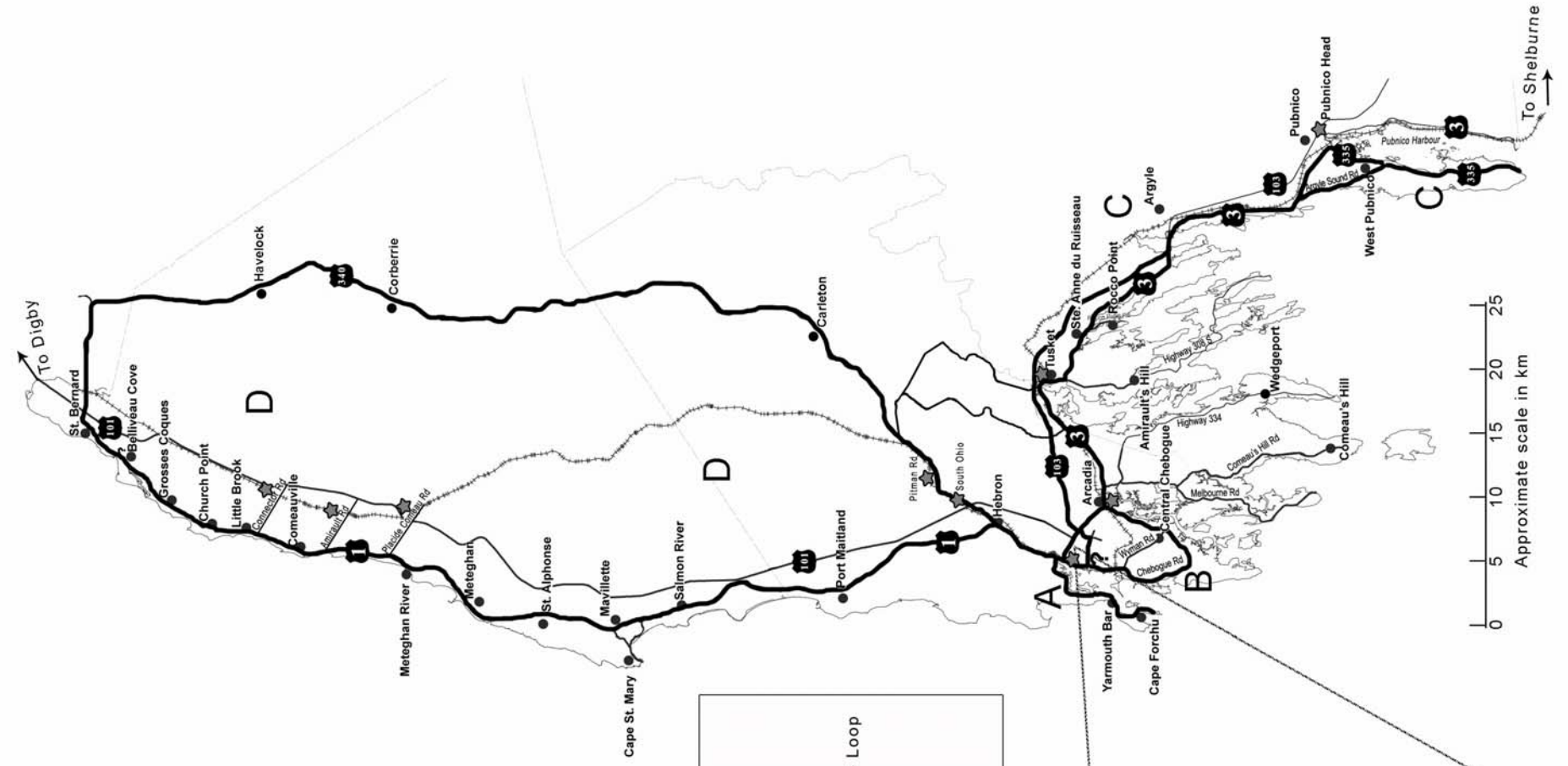


Cycling Route  
Yarmouth and Acadian Shores, Nova Scotia

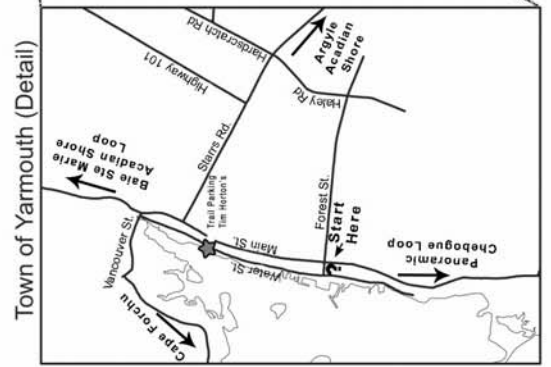


*Start here for  
an experience  
shaped by the sea*

**YARMOUTH**  
AND  
*Acadian★Shores*  
NOVA SCOTIA



- Trail Reference**
- A Cape Forchu Lightstation
  - B Panoramic Chebogue Loop
  - C Argyle Acadian Shore
  - D Baie Sainte Marie Acadian Shore Loop
  - ##### Rails to Trails Route
  - ★ Rails to Trails Access Point
  - Cycling Route



### Area Bike Resources

Manser's Bicycle Repair Shop  
165 Pleasant St, Yarmouth  
Phone (902) 742-0494

Canadian Tire  
120 Starr's Rd, Yarmouth  
Phone (902) 749-1600

Terrain Type	Description
Gently Rolling	No incline over 15 m (50ft.)
Rolling	Inclines up to 30 m (100 ft.)
Moderately hilly	Hills up to 60 m (200 ft.)
Hilly	Hills up to 150 m (500ft)

The routes in this brochure have been planned along quiet, scenic roads. All of the trails except for the "Rails to Trails" originate from the Yarmouth Visitor Information Center (VIC) which is located at 228 Main St across from the Ferry Terminal with service from Bar Harbour and Portland, Maine. Here you'll be able to get maps and any additional info that you will require.

### A Cape Forchu Lightstation

Traffic...moderate  
Road condition...paved  
Distance: 20km (12 miles)  
Terrain...gently rolling

Route 304 twists and turns along Yarmouth harbour, offering harbour vistas and tidal activity. The journey follows a narrow point of land, as it juts out into the Atlantic Ocean, culminating at the most westerly point of mainland Nova Scotia: Cape Forchu Lightstation. Allow time along the ride to stop for beachcombing and exploring the Yarmouth Bar fishing wharf.

1. Turn left onto Main St heading north.
2. Turn left turn onto Hwy 304 south, Vancouver St (horse statue at intersection).
3. Follow signs to Cape Forchu



### B Panoramic Chebogue Loop

Traffic...moderate  
Road condition...paved & unpaved sections  
Distance: 37km (22 miles)  
Terrain: Gently rolling

With its wonderful view of many farms, the salt marshes and ocean vistas, the panoramic Chebogue loop offers a relaxing rural ride. The loop follows the Yarmouth harbour and tidal Chebogue River, with the option of returning via an inland farming road.

1. Turn south onto Main St,
2. Explore Sand Beach then Sunday Pt.
3. Pass Hilton Rd heading towards Chebogue Pt
4. Continue on and take a left at stop sign.
5. Back to town on Route 3.

#### Note alternate route - return after 11km:

1. Left onto Wyman Rd, loop back 3km to Chebogue Rd.
2. Right on Chebogue Rd. (5km to the VIC.)

### C Argyle Acadian Shore

Traffic...moderate  
Road condition...paved  
Distance: 107km (64 miles)  
Terrain: Rolling



Argyle, the oldest region still Acadian beckons to visitors. You will be riding past the communities of Arcadia and Pleasant Lake. The community of Tusket boasts a steel covered bridge and Canada's oldest standing Courthouse & Gaol. Saint Anne Church built in 1900 in Ste Anne du Ruisseau and the Lost at sea memorial, the Musée acadien (Acadian Museum), Village historique acadien de la N.-É., and the windmill farm in West Pubnico are other "not to miss" attractions.

1. Head east on Forest St.
  2. Left onto Haley Rd.
  3. Right at traffic light onto Hwy 3
- Side note: a right onto route 334 in Arcadia will take you to Acadian regions of Wedgeport, Little River Harbour & Comeau's Hill.
4. Follow until Hwy 103 junction.
  5. Take right onto 103. Cross Argyle River.
  6. After bridge, take left turn to re-join Route 3.
  7. Take right onto the Argyle Sound Rd.
  8. Take a right onto Hwy 335 into West Pubnico.

#### Note: Two return routes

##### Option 1.

1. Go back through Pubnico on route 335 and take a left on route 3
2. Re-trace trail back to Yarmouth

##### Option 2.

1. Go back through Pubnico on route 335 until you reach Highway 103. Follow until Yarmouth.
2. Take a left at the end of the 103

### D Baie Sainte Marie Acadian Shore Loop

Traffic...moderate  
Road condition...paved  
Distance: 120km (72 miles)  
Terrain: Rolling



As you weave through the many communities that dot our coast-line, note the sand and cobble beaches, the lighthouses, and 50km coast along the Acadian shore of Baie Sainte Marie beginning at Salmon River. Take time to enjoy the many art galleries that are a feature of the entire area and explore the Acadian seaside communities such as Meteghan offering Smuggler's Cove Prov. Park & an active fishing wharf and Saulnierville featuring Sacré Coeur Church. The village of Church Point is home to Université Sainte

Marie as well as the largest wooden church in North America, Ste Marie. In Belliveau Cove, visit the Visitor Information Centre and 5 km coastal walking trail, lighthouse, wharf and historic site. St Bernard features a magnificent stone church. Once on Hwy 340, enjoy the natural untouched beauty of our inland communities.

1. Turn left onto Main St and head north.
  2. Continue past communities: Hebron and Port Maitland
- Side note:** Eustache Comeau Road in Saulnierville just before the church will lead you to the 19th century water-powered turbine Bangor Sawmill Museum.
3. After village of Saint Bernard (large stone church), continue 4km and turn right onto route 340.
  4. Ride through villages of Havelock and Corberrie to Carleton, Deerfield and South Ohio.
  5. Veer left and pass over Hwy 101.
  6. Arrive in Hebron.
  7. A left will take you directly onto Main St, Yarmouth.



#### \* Rails to Trails

Constructed along the abandoned rail corridors in Yarmouth & Digby counties. The continuous trail weaves in and out of many small villages, and links up with other "rails to trails" projects in Nova Scotia. There are many entry and exit points along the trail, and some areas are still under construction. Please consult with the Nova Scotia Visitor Information Centre or your accommodation for the nearest location.

Location ... various  
Amenities ... rest areas  
Road condition...gravel  
Distance: 132km (79 miles)  
Terrain...gently rolling